



**New Creation Realities**  
**Lesson 6: Confessing Who We are in Christ**

**1. Confession**

An important spiritual law – \_\_\_\_\_

When I say the word “confession” what do you think of?

Many people think of confessing sins.

**1 John 1:9**

Confessing sins is certainly important. But the Bible speaks more about confessing our faith.

**Romans 10:9, 10**

This does not refer to confessing sin, but rather to confessing Jesus as Lord.

This you must do in order to be saved.

This is the first confession of God’s Word you make.

You should not stop confessing His Word after you get saved. You continue in it.

**Proverbs 6:2**

**Mark 11:23**

Did Jesus know what He was talking about? – He said that we would have what we say.

If you really believe a thing in your heart (positive or negative) and you say it with your mouth, you will have it.

The majority of Christians are weak and living below God’s standard for their lives.

Why? – \_\_\_\_\_

**Hebrews 4:14**

They have not confessed:

- \_\_\_\_\_
- Who the Bible says they are
- That they have what the Bible says they have

As a matter-of-fact, many Christians not only do not confess what the Word of God says about them, they maintain a wrong confession.

They are always talking about:

- What the devil has been doing to them
- What battle they are going through
- Their poverty
- Their sickness

As long as you keep talking like that, you are going to have it.

What does that kind of confession declare about God?

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God is not a failure. Defeat is not of God.

**2. The Word in your heart and in your mouth****John 1:1**

Do you want to know what Jesus thinks? – \_\_\_\_\_

Do you want to know what Jesus' opinion is on something? – Read the Word

Do you want to know what Jesus' view of your life is? – Read the Word

**Colossians 1:27**

Jesus is in you.

**Romans 10:6-8**

The Word is near you, in your \_\_\_\_\_ and in your \_\_\_\_\_

Where is the Word (Jesus)? – In your heart and in your mouth.

Here is the important truth – Many Christians understand that Jesus (and the Word) are in your heart. But they never fully comprehend that the Word needs to also be in your mouth.

**Romans 10:9, 10**

With the \_\_\_\_\_ one believes.

With the \_\_\_\_\_ (words) confession is made unto salvation.

Here is the mistake people make – They think “salvation” only means being born again.

Of course it includes that, but everything you need for abundant life operates by the same principles of faith –

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First of all, when you believe something, you don't just believe it once. You believe it every day.

If you believe something every day, you will confess it every day.

If you believe daily, you will confess daily.

Definition of CONFESS: \_\_\_\_\_

Knowing this information, let's go back to Romans.

**Romans 10:10**

We understand the believing part.

Remember that believing comes from what we think.

- We think and then . . .
- We believe and that . . .
- Drives our speaking.

That is faith.

The mistake a lot of people make is that they believe it but are afraid to speak it.

However, life and death are in the power of the tongue. Life is directly connected to what you speak, not just what you believe.

### **Romans 10:10**

Definition of SALVATION: \_\_\_\_\_

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Confession is saying the same thing God says about you.

Confession is made unto salvation.

When you start saying the same thing God says about you and your circumstance you will have deliverance from sin and its consequences.

If you are saying:

- “I can’t beat this.”
- “I will never get victory over this.”

Then you will have exactly what you are saying.

Instead you need to say the same thing God says about you.

### **Hebrews 10:23**

Definition of HOLD FAST:

- It is a nautical term
- It is the same term a sailor would use if someone fell off of a ship and the sailor threw him a rope and told him to hold onto it.
- For illustration purposes – Let’s say you were the one who fell into the ocean.

Are you going to hold onto that rope? – Yes.

Are you going to let go of that rope? – No.

Why? – Because if you hold onto that rope you can get back on the ship or onto dry ground.

What does this show us? – There are going to be times in our lives when pressure is going to come to tempt you to let go of your rope.

What is your rope? – \_\_\_\_\_

What is your confession? – Saying the same thing God says about you and your circumstance.

### **Hebrews 10:35**

The phrase “do not cast away” is the same as “hold fast”.

Definition of CONFIDENCE: \_\_\_\_\_

### **Hebrews 10:36**

This describes the spirit of a man who refuses to quit.

What is he refusing to quit? – Holding onto the rope or his confession

### **3. What should a believer confess?**

A believer should constantly confess \_\_\_\_\_

Confess who you are \_\_\_\_\_

In order to do that you must know what the Bible says about you.

If you want to change what you are speaking over your life, there are two things you must do.

- Find out what God’s Word says about you.

- \_\_\_\_\_

### **4. What you should do – step by step**

- Read through the New Testament – primarily the epistles.

The epistles are the letters written to you, as a believer.

- As you read, look for expressions such as: in Christ, in Him, in Whom

- \_\_\_\_\_

There are about 140 of these expressions in the New Testament.

You will find out that these scriptures tell you who you are and what you have because you are in Christ.

- \_\_\_\_\_

When you begin to do this, you will find out that you will begin to have what you say.

Words are spiritual activators. They activate God and the devil (positive and negative). When we are confessing God's Word, we are agreeing with God

When we say things that do not line up with God's Word, we are in disagreement with God.

- Example

### **2 Corinthians 5:17**

Make this personal and use it in prayer and worship to God.

Confess this over your life. When you do this, you are agreeing with God.

## **5. Paul's gospel establishes you.**

Remember from the beginning of this class, we discovered that the writings of Paul will establish us.

### **Romans 16:25**

Paul's writings, the epistles in the New Testament, teach us primarily about who we are in Christ.

When we confess these truths over our lives we will become established.

Established means to be able to stand firm, unshakable, moving forward in our Christian walk.

## **6. Looking at more of the "in Christ" scriptures**

### **Acts 17:28**

- In Jesus I have a vast storehouse of energy.

- \_\_\_\_\_

- In Him I have strength for impossible tasks.

**John 15:5-7**

- I am in Him.
- Just like the vine and the branch are connected – so I am connected to God.
- \_\_\_\_\_
- Because I am in Him, I can ask what I desire and it will be done.

**2 Corinthians 5:21****Ephesians 2:10**

You should never talk negatively about yourself because you are His workmanship in Christ.

**Romans 8:1, 2****Colossians 1:13, 14**

We have redemption. It is done. We are not trying to get it.

**1 John 4:4****Romans 8:37****Philippians 4:13****Ephesians 1:3**

He has already blessed you!