



**Psalm 23: Confidence & Bravery in Battle**  
**Lesson 5: God's Blessing & the Anointing**

**1. Introduction and review**

David wrote this Psalm in the face of danger as a reminder of his covenant with God.

This is what you need when you are facing an attack of the enemy – you need to remind yourself of your covenant with God!

Psalm 23 was possibly written right before David fought Goliath.

So far, we have studied verses 1 – 5.

**Psalm 23:1-5**

**2. My cup runs over**

**Psalm 23:5**

When you read this, the first thing you think of is “abundance”. But it is a lot more specific than that.

Remember that David was stirring himself up before a battle with Goliath. He was reminding himself of the covenant He had with God.

Definition of CUP:

- From a word which means to “hold together”
- \_\_\_\_\_
- Also used figuratively as a potion or medicine

The eastern shepherd had a special cup called \_\_\_\_\_

It was large and hollowed-out of stone. It could hold forty to fifty gallons. It was not for the shepherd; it was for the sheep.

The cup was used during times of storms.

If a sheep was too weak to make it through the journey of a storm, the shepherd would give him a drink from the shepherd's cup.

The mixture of water and medicine (potion) would give a weak sheep renewed energy to walk through a storm with a shepherd!

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We are walking through the storm together! If we do not have what it takes to make it, He will pour new strength into us.

But this is not everything. The Bible says that the cup runs over.

Definition of RUNS OVER:

- \_\_\_\_\_
- Runs over
- Wealthy

The phrase is taken from another Hebrew word which means:

- To quench or satisfy thirst
- To bathe
- \_\_\_\_\_
- To take the fill
- \_\_\_\_\_
- Soak

The overflowing cup literally means "My cup is an abundant drink".

This phrase means that I am given even more than I need or can use.

The words form a very powerful image of a cup of water and medicine that overflows as there is so much of it.

It means I am truly abundant, abundantly loved and cared for beyond even my needs or wants.

**Isaiah 40:31**

**Psalm 18:39**

*Let's continue . . .*

**Psalm 23:6**

**3. Goodness and mercy**

Definition of SURELY: \_\_\_\_\_

Definition of GOODNESS:

- Good things
- \_\_\_\_\_
- Prosperity
- \_\_\_\_\_

Definition of MERCY: Loving kindness

Goodness and mercy will follow you.

Definition of FOLLOW:

- \_\_\_\_\_
- Hunt
- \_\_\_\_\_

God doesn't simply want to give you goodness and mercy. Goodness and mercy are running after you!

When you are in a battle, your covenant with God means that he will pour strength into you for the battle.

When it seems like everything is against you, remember your covenant – good things are chasing after you!

- \_\_\_\_\_

- The goodness and mercy of God will hunt you down.
- God's best things for you will pursue you.
- \_\_\_\_\_

### **Psalm 23:6**

Think about this. David is about to fight Goliath, and he talks about "all the days of my life".

What does this indicate? – \_\_\_\_\_

He is talking about the future! His mindset is not, "I am finished. I can't go on."

He knows that God has much more in store for him.

### **Jeremiah 29:11**

#### **Jeremiah 29:11 - New Living Translation**

*For I know the plans I have for you," says the LORD. "They are plans for good and not for disaster, to give you a future and a hope.*

#### **Jeremiah 29:11 - International Standard Version**

*For I know the plans that I have for you,' declares the LORD, 'plans for well-being, and not for calamity, in order to give you a future and a hope.*

#### **Jeremiah 29:11 – New English Translation**

*For I know what I have planned for you,' says the LORD. 'I have plans to prosper you, not to harm you. I have plans to give you a future filled with hope.*

### **Psalm 23:6**

#### **4. Dwelling in the House of the Lord**

The word "house" refers to the presence of the Lord.

Why are you able to dwell in God's house forever? – \_\_\_\_\_

His house is your house.

Definition of DWELL:

- Dwell

- \_\_\_\_\_
- Settle
- To marry
- \_\_\_\_\_

In the New Testament, we don't just dwell in the house of the Lord – We dwell in Him!

### **John 15:4-7**

Verse seven is true because of the covenant.

### **5. Conclusion**

#### **Psalm 23:1**

- \_\_\_\_\_

A single flock can have as few as ten animals or as many as hundreds of them.

A good shepherd knows every sheep in the flock regardless of how big the numbers could be.

Likewise, David when he uses the metaphor of the shepherd to describe God, talks not just about a designation or a name for the Lord, but the relationship between God and his covenant children.

#### **Psalm 23:2**

- \_\_\_\_\_

#### **Psalm 23:3**

- \_\_\_\_\_
- He guides me.

The word GUIDES implies leading you in the right direction and also transporting you to your destination.

Not only does God show you the way, He travels with you!

#### **Psalm 23:4**

Definition of WITH: With; beside; in the company of

When the word is used in the Old Testament it never means metaphorical presence. Every occurrence means the actual presence of God.

The same Hebrew word appears forty-four times in the Old Testament.

**Psalm 73:23**

- He comforts me.

**Psalm 23:5, 6**

- He exalts me.