



Renewing Your Mind
Lesson 1: Introduction / Transformation

1. You can change to make your life what God wants it to be.

Probably every Christian desires to change and live a better life.

Most do not know how to change, or they feel unable to do it. It can be done!

2. Being born again changes my spirit, but not my mind or physical body.

Being born again is the first step, but only the beginning, in becoming everything God wants you to be.

Many Christians never move onto Christian growth and spiritual maturity.

Your spirit has been changed, but your mind needs to be changed (grow, mature) by a process called renewing the mind.

3. Renewing the mind

Renewing the mind is _____

Renewing the mind takes discipline.

Definition of RENEWING THE MIND:

- _____
- Exchanging the way you think for the way God says you should think.

Renewing the mind is growing spiritually.

1 Thessalonians 5:23

Definition of COMPLETE: _____

The salvation of your spirit is a completed work. It cannot be earned or added to.

However, the salvation of your soul (mind) is separate. _____

Romans 12:2

Even though you are a Christian, you can still be conformed to the world and all of the world's negativity, failure, and problems.

You can escape that by renewing the mind.

4. You need to be transformed according to Romans 12:2.

Definition of TRANSFORMED (Greek - Methamorphio): _____

Example of the caterpillar

- A caterpillar transforms into a butterfly.
- It changes into a completely different creature.
- A butterfly does totally different things and leads a totally different life than a caterpillar.
- A butterfly is not a caterpillar with wings! It is a totally different creature.

Christianity is the same way. When we renew our minds we accomplish different things and live a different life.

5. Renewing the mind is more than learning. It is changing.

Many people come to church to learn something new, adding to their knowledge of the Bible.

They feel good when the sermon stimulates their thinking, but they never consider changing the way they think and live.

It is possible to read your Bible, pray, and go to church and never really renew your mind. Renewing the mind is much more than that. Renewing the mind is a conscious effort to:

- Become aware of how we really think and believe.
- _____
- Focus our thoughts on God's thoughts.
- _____

- Live the thoughts of God with our actions in everyday life.

Renewing the mind does not happen overnight.

6. Renewing the mind is a lifestyle, not an experience.

Romans 12:2

If we ever want to see the good, acceptable, and perfect will of God in our lives we must renew our minds.

The transformation of our _____ begins with the transformation of our _____

2 Corinthians 10:4, 5

7. Renewing your mind is replacing your wrong thoughts with God's right thoughts.

Some thoughts do not line up with God's Word.

We _____ and make them obey the Word.

Proverbs 23:7

It is important to think what God thinks about you.

You will end up living life based on _____

We drive out wrong thoughts by filling our minds with God's thoughts.

Proverbs 6:23

Reproof, correction, and instruction are designed to bring a change to our lives.

We could say that "change is the way of life".

If we want to live in God's perfect will for our lives, we must be continually changing.

If we are going to be continually changed, we are going to be continually corrected and instructed.

Ephesians 4:22-24

Renewing the mind is both "taking off" old thoughts and "putting on" the thoughts of God.

It is possible to learn new good things but never let go of the things that are hindering you.

Your thoughts that do not line up with God's thoughts _____

8. Taking off the old man is as important as putting on the new man.

Example of changing diapers:

- What if a mother, instead of changing her baby's diaper, put a clean one over the old one?
- The baby is not really changed, he's just covered up.
- There are many Christians that want to put on the clean but they don't want to deal with the dirty.

9. We replace wrong thoughts by filling our minds with God's Word.

Philippians 4:8

Philippians 4:8 – Amplified Bible

For the rest, brethren, whatever is true, whatever is worthy of reverence and is honorable and seemly, whatever is just, whatever is pure, whatever is lovely and lovable, whatever is kind and winsome and gracious, if there is any virtue and excellence, if there is anything worthy of praise, think on and weigh and take account of these things [fix your minds on them].

10. Change should be a positive part of our lives, not something we avoid.

Change is something that a lot of people avoid.

The children of Israel did not enter the Promised Land because they _____

They had a slavery mind set instead of a conquering mind set.

Numbers 13:33

God took them out of Egypt, but it was their responsibility to get Egypt out of them.

Their minds were focused on their old life instead of pressing into the new life. They ended up in the wilderness.

Many Christians are hanging onto old thoughts, attitudes, and habits and are therefore living in the wilderness.

11. Your mind (soul) must prosper before your life will prosper.

3 John 2

The prosperity of our entire life hangs on the prosperity of our soul.

Definition of A PROSPEROUS SOUL: _____
