



**Renewing Your Mind**  
**Lesson 3: Changing Your Life**

**1. Review**

**1 Thessalonians 5:23**

You are a “three part” person. Those three parts include your spirit, soul, and body.

The soul is the dimension of man that deals with the mental realm.

**3 John 2**

The process of changing your soul is called \_\_\_\_\_

The prosperity of our entire life hangs on the \_\_\_\_\_

Definition of A PROSPEROUS SOUL: A soul that hears and chooses to follow the spirit of a man.

Your soul must prosper \_\_\_\_\_

Prosperity and health begin with what is inside of a person.

What is inside of you flows out of you.

**Matthew 12:35**

Many people think that outside circumstances determine our course in life. Actually, as a Christian, we understand that what we deposit in our hearts determines our lives. What is inside of us directly affects what is outside of us.

**2. The foundation of a prosperous soul**

**3 John 2-4**

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The truth was in them, so they walked in it.

**John 8:31, 32**

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**3. In order for the soul to prosper, we must accept God's Word as truth and the final authority in our lives.**

**3 John 4**

Definition of TRUTH: \_\_\_\_\_

The Greek language reads something like this:

*"I have no greater joy than to hear that my children live with nothing concealed, walking in the reality of how they appear."*

If we have truth in us, and we are walking in truth, there is no hypocrisy. There is commitment and passion in our lifestyle.

Many have a half-hearted commitment to the truth of God's Word. This leads to a half-hearted walk with God.

**Romans 8:5, 6**

**4. To have the truth in us is to live it every day.**

The mind decides whether we live in the flesh or we live in the spirit.

If we set our mind on negative desires, imaginations, or experiences, we will follow these thoughts and begin to practice them.

**5. The Parable of the Prodigal Son in Luke 15 is an example of someone who set his mind on negative things.**

**Luke 15:17**

The New International Reader's Version states, "Then he began to think clearly again."

The son "came into his right mind".

After His mind was right, his life followed. He went back to his Father.

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**Mark 7:20-23****6. Where you decide to set your mind determines where you will go in life.**

You can be a child of the King, but if your mind is not set on that you will not live like a child of the King.

**Isaiah 26:3**

This does not mean that you have to think constantly about God. It means that your mind should think in line with God's Word.

Peace comes when your mind lines up with the Word of God.

**7. Capturing thoughts****2 Corinthians 10:4, 5**

We can capture every thought and bring it to the obedience of the Word of God.

To capture thought we must:

- \_\_\_\_\_
- Decide to reject them from our minds.
- \_\_\_\_\_
- Focus our thoughts on God.

When we do these things we will pull down strongholds in our minds.

**8. Having a sound mind****2 Timothy 1:7**

We can have a sound, disciplined, and strong mind.

This kind of mind thinks God's thoughts, reasons according to God's Word, and rejects the thoughts of the world.

**9. God enables us to have a sound and disciplined mind.**

Nothing, including the mind, gets better on its own.

It is a scientific principle that things that are left alone will decay, lose power, and decline.

You do not have to work to get out of shape, it will just happen. You have to work to get in and stay in shape.

You do not have to work to have a messy house, it will just happen. You have to work to keep things clean.

The same is true with your mind. A lazy and negative mind comes naturally. A sound and disciplined mind takes work.

### **10. There are practical things we can do to pull down strongholds and renew our minds.**

- Meditation on the Word of God will pull down strongholds (This will be covered in Lesson 4).

#### **Joshua 1:8**

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#### **Psalm 1:1-3**

David cautioned us to be careful who we walk through life with and from whom we receive counsel.

If you want to know where you are going in life, look at those closest to you.

You may have to build new friendships before you can renew your mind to God's Word.

- A complete transformation takes place in our lives through mind renewal.

#### **Romans 12:2**

- Allow the change that happened at your salvation to continue in your mind.

#### **2 Corinthians 5:17**

You should have a different way of living, a new way of behaving, a new way of thinking, a new outlook on life, a new strength, and a new power.

You should not be going through life the same way you did before.

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You now overcome your problems instead of your problems overcoming you!

If we want to fulfill the will of God in our lives, we must allow the change to happen in our mind.

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### **Colossians 3:1-5**

Definition of SET YOUR MIND ON THINGS:

- \_\_\_\_\_
- To interest oneself in
- \_\_\_\_\_
- To be the same mind with God

**11. In order for this change to happen we must realize that a great exchange occurred with us and God at the time of salvation.**

### **Colossians 3:9, 10**

The old man was exchanged for the new man, made in the image of Christ.

The old way of living was exchanged for \_\_\_\_\_

### **Isaiah 55:7-9**

In order to have God's ways in our lives, we must have God's thoughts in our lives.

Only when you let go of the low life will you find the high life.

### **Matthew 10:39**

#### **Matthew 10:39 – Amplified Bible**

*Whoever finds his [lower] life will lose it [the higher life], and whoever loses his [lower] life on My account will find it [the higher life].*

As we renew our minds to God's higher thoughts, we begin to experience God's higher ways.

We must come to the place in life where we are willing to make the exchange no matter what.

Change and growth in our lives must become something we love, not just something we endure.