

# Renewing Your Mind Lesson 6: Conclusion / Not Maintaining, Moving Forward

#### 1. Review

#### 1 Thessalonians 5:23

You are a "three part" person. Those three parts include your spirit, soul, and body.

The soul is the dimension of man that deals with the mental realm.

In order for our lives to prosper, our souls must prosper first. In order to bring our souls into the right condition, we must renew our minds.

God has made it possible for us to have a \_\_\_\_\_

Renewing our minds does not just have to do with our thinking. We must also change our associations and friendships. We must let go of our old life and embrace a new life.

### 2. Growth and change

## **Romans 12:2**

In order to make growth and change a part of your lifestyle, you must learn to love it.

\_\_\_\_\_\_ in our lives must become something we love, not just something we endure.

An example of this can be seen in a runner.

- A runner finds a place of ecstasy when he runs.
- At first running is a discipline. Then it becomes a thing of enjoyment.
- Change and growth are never effortless, but there needs to come a time in our lives when it is not a forced discipline or a struggle.

Proverbs 9:7-9
Proverbs 12:1
Proverbs 6:23
Proverbs 11:14
Proverbs 13:1
Proverbs 13:18
Proverbs 13:20
Proverbs 15:10

**Proverbs 15:31-33** 

**Proverbs 15:12** 

Proverbs 15:22

# 3. Most people spend their adult years defending what they know, rather than seeking to grow.

People get to the point in life where they get caught up in a maintenance mode. They maintain what they already have rather than progressing further.

Rather than seeking the Lord about what God has in mind for them, they begin to maintain.

The problem is that God has not created you to maintain or to stay at the same place in life.

If you are not moving forward, you're going backward.

It is like swimming upstream. You are either swimming or you are floating down stream.

Proverbs 29:18 becomes true for these people.

#### Proverbs 29:18

Many people die in their second year of retirement because they lack vision.

## 4. There is more to your life than making a living.

Making a living is not a motivating vision. It is a maintenance vision.

#### 5. Gideon – A man with no vision

Gideon was a man with no vision for his life.

He saw himself as weak, poor, and unable to do anything because of the circumstances in his life.

# **Judges 6:15**

### **Judges 6:12**

These words, spoken to Gideon, were totally contrary to the way he had set his mind. Gideon had never been a mighty champion, warrior, or a leader. He was not a man of valor, honor, or influence.

Gideon was a regular guy who was making a living.	
God had to God had for him.	_ before Gideon could live in the purpose
6. God had to renew Gideon's mind in three areas.	
• What Gideon thought about himself.	
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• What Gideon thought about other people he was involved with.

Gideon had potential all of the time. His own mind was holding him back from fulfilling his destiny.

It is not what you think you ARE that stops you, it is what you think you ARE NOT.

You are a mighty person of valor! It's time you discovered the real you.

# 7. How did Joshua turn defeat into victory?

#### Joshua 1:1-9

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The doctor tells you that there is no way.

Your bank account, past experience, tradition, relatives, spouse, and society all tell you there is no way.
David was told there was no way he was going to kill Goliath.
But there is a way! Jesus said, "I am the way!"
Definition of WAY:
o Road
o Journey
o
God always wants you to move forward. He is the means of progress for you.
He will make a way for you!
You must hold onto the word that God gave you.
God gives every person a word or a dream.
God gave Joshua a word. But he, like us, had to remind himself every day about that promise.
How do you hold onto a word or a dream?
o The Bible tells us the Word is like seed. It is planted in your heart.
<ul> <li>You must guard your heart. Do not allow the devil to come in your heart and plant weeds that will destroy the seed of God's Word.</li> </ul>
o There are many things that can choke the Word

Not doing the Word, but only listening to it, gives room for deception

Deceitfulness of riches

Lust of other things

What else can you do to help you hold onto the word or dream?
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You cannot have a relationship with Jesus and isolate yourself from the local church – His Body!
Develop relationships in that church.
o Find a ministry within that church to be a part of.
Refuse to only receive. Be a giver too! Find a ministry and do it.
• Learn from mistakes.
Joshua 1:2
In life you need to learn from your own mistakes and the mistakes of others.
The Bible calls this repentance.
When you truly repent, you begin to
If you want victory, you must stop doing the same stupid things over and over. You must also stop giving excuses why you cannot change.
You must take immediate and drastic action.
Joshua 1:2 .
Definition of ARISE:
The word is used of individuals standing up from a sitting, kneeling, or reclining position.
It is also used when referring to the construction of buildings.
In other words – after you repent and after you pray, you must DO something.
Don't wait anymore. Take immediate action!
God is not going to do everything for you.
Joshua 1:3
Definition of TREAD UPON:
In other words – Every place you are willing to fight. God has given it to you.

• Be persistent.

# Joshua 1:8