



Walking in Holiness
Lesson 3: Dead to Sin

1. Sin does not have dominion over us.

Romans 6:1

When we sin, we can confess our sin and repent of it. After we do that, the blood of Jesus cleanses us (According to 1 John 1:9.)

What if we sin? Should we just keep on sinning? Some people would say, “After all, we can just apply 1 John 1:9.”

Romans 6:2

Romans 6:6

Is sin supposed to rule your life? – No.

Romans 6:11-14

Sin shall not have dominion over me! _____

2. We are dead to sin.

Romans 6:11

Bible in Basic English

Even so see yourselves as dead to sin

New Living Translation

Consider yourselves to be dead to the power of sin

Good News Bible

You are to think of yourselves as dead, so far as sin is concerned

Romans 6:22, 23

Here we see that we are set free from sin. We are dead to sin!

- We must reckon ourselves dead to sin.
- We must _____ of ourselves as being dead to sin.
- We must _____ ourselves as being dead to sin.
- We must _____ ourselves as being dead to sin.

Why does the Bible tell us to think and see ourselves as dead to sin? – Even though we are dead to sin, we still feel like sinning.

Consider a dead person. A dead person is not tempted to sin.

The Bible talks about your old man and your new man. The old man is dead. That was the person dominated by sin.

Romans 7:4

What kind of fruit is he talking about? What kind of fruit should be growing on the tree of my life?

In context with chapter six, the Bible is talking about _____

Romans 7:5

This is talking about a person before they get saved. The wages of sin is death.

Romans 7:6-8

Remember that sin is a violation of light. The law of God brought light.

If a man steals, but he doesn't know it is wrong to steal, he has not sinned.

But when the law came and God showed us it was wrong to steal, and that man knows the law and steals anyway, that it is wrong, and it is sin.

The devil took what was holy and good (the law) and used it to tempt us to sin.

Romans 7:14-18

Paul is not writing about himself in the present. He is describing how he was before he got saved.

An unsaved person can try their best, but he cannot be free from sin.

Romans 7:19-24

We know the answer to that question. It is in the next verse.

Romans 7:25

Romans 8:1, 2

Romans 8:10

Romans 8:13

When you walk and live in the spirit you will not be walking in the flesh – and you will stop sinning.

You are living in a place where your spirit is dominating your life.

The man on the _____ is dominating the man on the _____

What do we do with the man on the outside? – We reckon him, think him, and see him as dead.

The man on the inside has been recreated.

There are times when your eyes want to look at it. Your ears want to listen to it. Your body wants to do it. But you have not sinned until you have followed through with it.

1 Thessalonians 4:1-3

We are _____ to live holy (sanctification).

In this text God addresses sexual immorality.

We are commanded to live sexually pure.

It is possible for the born-again teenager to live pure and have sex for the first time on their wedding night.

What is sexual immorality? – _____

There is no excuse for sexual immorality – but there is _____

It is easy to live in sexual immorality. It is easy to give into the flesh.

But you can live free from this if you consider your old man dead.

1 Thessalonians 4:3-8

“Possess his own vessel” in the New Living Translation says, “control his own body”.

You can control your own body. It does not tell you what to do. You should tell your body what to do.

1 Corinthians 9:27

What does it mean that “I” discipline my body?

The man on the inside controls the man on the outside.

3. Changing your confession

We begin by seeing ourselves as dead. The next step is to change our confession.

If I want to change the course or direction of my life, I must change what I am saying.

For example, if a Christian is struggling with smoking, they might try everything and keep saying, “I just can’t quit. It’s too hard.”

Their words are working against them.

James 3:4, 5

Just like a ship changes direction by the rudder, your words change the direction of your life.

Most people struggle and then say, “It is too hard. I cannot quit.” Instead, you can choose to say, “I am free from cigarettes. I desire cigarettes as much as a dead man does.”

Proverbs 18:21

4. Do not give in or yield

Romans 6:11, 12

You are not to allow sin to rule in your body. You should not obey it.

As a Christian, if sin is ruling in your life, you are the one who let it. You allowed it.

Romans 6:13-18

You are free from sin!

You choose not to allow sin.

Romans 6:19

Definition of PRESENTED / PRESENT: _____

The King James Version uses the word “yield”.

Matthew 26:40

Peter was giving in to sleep.

If you “give in” in one area, it will make you more prone to “give in” in another area.

Controlling yourself in one area will help you to control yourself in another area.

Sometimes people think some things are “small” and don’t really matter. But they are keys to overcoming greater things.

When you give your tithes, go to prayer meetings, read you Bible, and serve in the church – all these things help you for what is ahead of you in life.

Many people allow their lives to go off course because they did not obey in the little things. They did not go to church, read their Bibles, or pray. It ended up setting off a chain of negative events.

Matthew 26:41

Temptation is the door that you go through to enter sin. It is your decision to go through the door.

Illustration of temptation:

- Room = _____
- On the other side of that room = _____
- Doorway into that room = _____

1 Corinthians 10:13

There has never been, nor will there ever be a temptation that you cannot resist!

5. Drawn away by your own desires

1 Corinthians 10:13 – Living Bible

But remember this—the wrong desires that come into your life aren't anything new and different. Many others have faced exactly the same problems before you. And no temptation is irresistible.

There is no such thing as an irresistible temptation, _____

James 1:13, 14

This is not the devil. It is your own desire. It is a part of your unrenewed mind or your flesh.

Your flesh wants to do it. Your eyes want to look at it. Your ears want to listen to it.

Your flesh will be pulled in a direction that is not right. – *drawn away by his own desires*

Then the devil comes – *and enticed*

But the devil needs _____ before he can do anything.

The less of a desire you have, the less the devil has to work with.

James 1:15

Our desire is what gives the devil something to work with – pulling us to the door of temptation.

What if you had absolutely no desire to sin?

- If you had no desire to drink, you would never be tempted to drink.
- If you had no desire to gossip, you would never be tempted to gossip.
- If you had no desire to sin, you would not be tempted to sin.

6. Do not feed your desires.

Desires can be big and strong. Desires can be small and weak.

It is all according to how they have been fed.

If you talk about it and you think about it, you are feeding that desire.

When it gets strong enough, you want to act on it.

What can you do to lessen the power of that desire? – _____

It will not happen overnight. But if you do it, you will be completely free!